Sacrosanctum Concilium Reading Guide for Music Directors

Session 1: Introduction + Chapter I (¶1–46)

Themes: Purpose of the document, theology of the liturgy, Christ's presence, participation, norms for reform.

Discussion Questions for Music Directors:

- 1. How does music foster "full, conscious, and active participation"?
- 2. How can directors help their choirs and parishes see the liturgy as the "summit and source" of Christian life?

Session 2: Chapters II & III (¶47–82)

Themes: The Eucharist, other sacraments, and sacramentals.

Discussion Questions:

- 1. How can musical choices reinforce the truth that the Eucharist is the "source and summit" of the Church's life?
- 2. What does truly Eucharistic music sound like? How does it differ from general Christian or devotional music?
- 3. How should music directors prepare for sacramental liturgies like baptisms, weddings, or funerals in a way that reflects their liturgical (not merely social) character?
- 4. How can music better highlight the Scriptural foundations of the sacraments?

Session 3: Chapters IV & V (¶83–111)

Themes: Divine Office and the Liturgical Year.

Discussion Questions:

- 1. What is the role of chant in praying the Psalms, and how does this shape the way we sing them at Mass?
- 2. How can choirs and directors introduce the sung Liturgy of the Hours to parishes or schools?

- 3. How should the liturgical seasons (Advent, Lent, Easter, etc.) and the feasts of the year shape our music planning?
- 4. How can choirs help parishioners truly experience Sunday as the weekly Paschal feast?

Session 4: Chapters VI & VII (¶112–130)

Themes: Sacred music, sacred art, noble simplicity, collaboration with artists.

Discussion Questions:

- 1. Why does Gregorian chant hold "pride of place," and how can choirs realistically implement this today? Are parishes singing Gregorian chant?
- 2. What makes music "sacred" and fitting for the liturgy? How can directors discern this when choosing repertoire?
- 3. How do the visual and musical arts work together to create a truly sacred atmosphere?
- 4. What is the danger of excess or sentimentality in liturgical music and art, and how can directors avoid it?

Session 5: Conclusion (¶131–130)

Themes: Authority of bishops, obedience, fruits of renewal.

Discussion Questions:

- 1. How should music directors live out obedience to the bishop's authority in liturgical matters?
- 2. How do music directors avoid becoming "performers" and instead act as true servants of the liturgy?
- 3. What concrete steps can each of us take in our parish programs to align more fully with *Sacrosanctum Concilium*?