GRADUAL • Fifth Sunday of Lent, EF (Ps 142: 9, 10 & Ps 17: 48-49) Deliver me, Lord, from mine enemies, teach me to do thy will. Vs. Thou art my deliverer Lord, from fierce enemies; thou wilt exalt me above mine adversaries, from the wicked man thou wilt deliver me. *FSSP in Los Angeles • http://fssp.la*



TRACT • Fifth Sunday of Lent (Ps 128: 1-4) From my youth they have often assailed me. Vs. Let Israel say it now: from my youth they have often assailed me. Vs. But they have not prevailed against me; sinners have ploughed upon my back. Vs. They have prolonged their iniquities; a just Lord breaks the necks of sinners. *FSSP in Los Angeles* • *http://fssp.la*

