

to shame; in thy love for right, release me and set me free. my rock and my refuge; and for thy name's sake guide me and feed me. (Ps 30: 2) Vs. In thee, Lord, I have hoped, I shall not be put **INTROIT** • Quinquagesima, EF (Ps 30: 3-4) Be thou, God, my protector and my place of refuge, that I may be safe, for thou **FSSP in Los Angeles • http://fssp.la •** Possible Starting pitch = F#art

princípio, et nunc, et semper, et in saécula saeculórum. Amen.