Modern notation is used in this book in response to requests which have reached us from all parts for some time past. France, Italy, Switzerland, Germany, England, Canada, the United States and other regions abound in colleges, schools, choirs, missions, whole dioceses even, where rightly or wrongly it is maintained that the sacred chants will never come into popular use, if they are written in square notation. In such places we frequently hear of plain-song being entirely neglected, and too often replaced by the most commonplace melodies. Thus the taste and appreciation of true sacred music have finally disappeared in even thoroughly catholic quarters.

How are they to be revived? How are we to get catholics to appreciate and love the chosen chant of Holy Church, unless we meet their wishes and do our best to help them, by giving them under the well-known forms of modern music the ancient plain-song of the Roman Church?

The love of archæology for its own sake may be carried to extravagance. There is no need to imitate the monks of St Gall, who, up to the XVth century, refused to adopt the progress shown in the Guidonian notation, and carefully preserved their own neumatic lineless notation, so difficult to understand. The event proved the unreasonableness of their conduct. On the other hand both wisdom and charity are shown in yielding to the progress of different periods, and in sacrificing one's personal preferences in order to conform to the needs and disabilities of a large number of people.

Gregorian notation, completed and brought to the ancient perfection of the Romanian period, must remain the official ecclesiastical notation; but side by side with it, modern notation, despite its less imposing claims, may still be very highly useful.

But can Gregorian melodies be transcribed into modern notation with faithfulness?

Undoubtedly : nor can anything be easier than so to transcribe them. To ensure strict fidelity, it is enough to employ the signs used in the same sense as the Gregorian characters. This is just the point. For in reality, in spite of the tones, the modes, the gamut, the rhythmical groupings, the length of the notes, remain the same : there is no change either in the melody or the rhythm ; so that it matters little whether the note is represented by a round sign or a square one, by a letter or even by a figure. A choir, singing the same piece in the two notations, will not fail to keep perfectly together, provided that the whole has been correctly transcribed. Do we not constantly find that organists, in their auxiety to accompany plain-song correctly, write their harmonies in modern notation, while the choir makes use of square notation?

It has been said that to transcribe plain-song in modern notation is to copy the method of learning to speak a modern language by changing the spelling of the words and indicating the pronunciation by the use of figures. It is easy to point out the difficulties arising from such transcriptions in spite of their practical advantages. They accustom the eye of the pupil to faulty spelling and to a pronunciation which may be approximate but can never be exact.

But this analogy is less true than apparent. If we are to take a comparison from modern languages, there is only one which is possible. It is when the same language is printed in two different types: as when a word or
phrase is represented in both ancient black-letter and in modern characters e. g. ordinary Long Primer, without making any difference, the sense and sound remaining unchanged. So it is with the two notations, Gregorian and modern.
It may be supposed that the precision of modern notation is inconsistent with the freedom of movement that characterises the Gregorian recitative. But this is a mistake : for modern notation has its recitative ad libitum. It does not then make use of another notation : it only does away with bars, leaving the performer an even greater freedom than is found in the liturgical melodies. Nor must the freedom that characterises Gregorian rhythm be misunderstood. Certainly neither time nor time-bars, in the sense in which they are too often understood in modern music, are adapted to the suppleness of plain-song. Yet this suppleness is not without a precision of its own : for old authors while teaching the measure of musical oratory (inn modum soluta oratione legentis - in modum historia recto et tranquillo cursu), in order to make it better understood, did not shrink from borrowing their comparisons - though they were comparisons only from a very exact science, viz : metrical science.

Furthermore Hucbald (IX-X centuries) considered rhythmical precision absolutely indispensable. In his Commenoratio breais he does not hesitate to recommend the choirmaster to mark the march of the rhythm by a beat of the hand or foot, so as to impress on children from the earliest age the theory and practice (disciplina) of rhythm (canendi agzitas sive numerositas).

Hence the rhythmical precision we have adopted is in no way inconsistent with genuine tradition as to the execution of plain-song. But the most exact notation cannot dispense with artistic taste, nor, since the liturgical chants are prayers, can it do without piety and love.

## I.

Notes and signs used in transcribing into modern notation.

## A. Simple notes.

Ordinary plain-song notation comprises eight forms of single or simple notes.

1. Punctum or square note :
2. Punctuon or diamond note :
3. Virga:
4. Apostropha:
5. Oriscus:
6. Square note with episema or ictus of subdivision :
7. Diamond note with episema :
8. Qutilisma :

These five are represented in modern notation by one sign : i. e. a quaver
are shown by a point over a quaver thus :
 is indicated by $w$ along with a

Note. - The point, following a gregorian note, indicates a mora vocis, and nearly doubles the length of the note. Thus a note with a point after it is shown by a crotchet $:=$
B. Neums of two notes.


Note. - Observe the difference in the plainsong notation between the Salicus and the Scandicus. The first note of the Salicus is separated from the next note, which means that the ictues is on the second note, not on the first, as in the Scandicus.

D. Neums of more than three notes.

E. Liquescent Neums.

F. Peculiarities.

In our transcriptions we have made use of modern notation as far as possible; but nevertheless we have tried to give them a stamp which might recall some of the peculiarities of plain-song notation

They are as follows :

1. The double virga. - The virga shows a note which is relatively higher. It is often doubled, and is then called bivirga. It is represented by two quavers united by a slur.

2. The apostroplia is never found alone and may be repeated twice distropha, or three times -- tristropha, or even more often.


The distinction of the notes in the distropha and tristropha is kept as in plain-song, but the slurs above or beneath the notes show they must be slurred in practice. This at any rate is our interpretation. Possibly these notes were formerly distinguished by a slight impulse or stress in the voice. In practice we advise choirs to join the notes. The sign $<$ or $>$ shows that according to circumstances they may be sung lightly crescendo or decrescendo. The sign adds nothing to the strength of notes over which it is found. Their strength, like the strength of all Gregorian notes, is determined by their relation to a given syllable, or by their place in the melody.
3. Oriscus. - This is a kind of apostropha which is found at the end of a group, most frequently between two torczuli.


It has the same notation and execution as the distropha, but it must be sung very lightly.
4. Pressus. - This is when two notes meet on the same pitch, which may occur thus :
a) when a punctum precedes the first note of a clivis:

b) when two neums meet, the last note of the first corresponding with the first note of the second.

Podatus and Clivis

Clivis and Clivis


Slimacus and Ciivis


Scandicns and Climacus


The two notes in juxtaposition in the Gregorian notation combine in practice only making one, of double length, with a strong ictus. The transcription of the pressus into two joined quavers equalling a crotchet has the advantage of retaining some likeness to the Gregorian notation. The point with sforzato ( A ) over the first of the two quavers shows the place of the ictus, making the singing quite easy.
5. Quilisma. - This indented note is always preceded and followed by one or more notes. Its value is the same as that of other notes, but it has a retrospective effect : its execution is always prepared for by a light ritardando of the note or group which precedes it. In modern notation this is indicated by the little line placed above such notes. When a group precedes the quilisma, it is the first note of the group which is lengthened and emphasised : thus the first note of a podatus or clivis may be looked upon as doubled e. g. sutb throno Dei below :

II.

## Pauses, Morae vocis, Breathing.

It has been noted that, in transcribing notes and neums, all notes whatever their position in a group, are represented by a quaver. Therefore double notes in the Gregorian notation, distropha, orisczs, pressus, are the same as crotchets, or two joined quavers, and triple notes (tristropha) are like dotted crotchets, or three joined quavers. In reality, the syllabic chant has every note of a length and stress corresponding to the syllable to which it belongs : but the average value of a syllable may be reckoned as a quaver.

Nevertheless this reckoning of notes and syllables is often modified by their position in the textual or musical phrase, specially at the end of passages, phrases, incisa ( ${ }^{*}$ ) and, all rhythmical divisions in general. These divisions are marked by a lengthening of the final note or notes (more vocis as they were formerly called), and pauses proportioned to the importance of the rhythmical divisions.

A truly practical notation has tc mark plainly every incisum, every phrase, every passage or period, and to indicate with exactness where the mora vocis should come. This is very important because the rhythm largely depends on the attention paid to these divisions. The value of each rhythmical division must be shown by a sign specially fitted to indicate its worth.

Here are the signs used in this edition to indicate the morce vocis and the various pauses.
The crotchet marks the mora vocis for all the divisions, incisa, phrases, and passages or periods.
(*) Incisum = a part or section of a phrase.

The crotchet is intended not only to help those who are unacquainted with Latin, but to determine the execution of some passages, where even Lat?:ists may feel some hesitation. Very ofter, especially in the smaller incisu, the mora is quite undetermined: the singer may mark or ignore it according to his feeling, fancy or taste. In singing alone he may choose as he pleases. But this will be an exceptional case, for plain-song is generally performed by numerous choirs; and it is therefore necessary, in order to secure completeness, to fix the execution to be followed by means of the notation. This exactitude in the notation and its general effect cannot possibly injure the freedom, ease and suppleness of the Gregorian rhythm. The use of the crotchet is only the choice made by the choir-master between two possible alternatives.

The crotchet then is made use of, whenever a division occurs in a passage, to indicate the mora vocis.

But it must be clearly understood that the length of the mora vocis varies in proportion to the importance of the rhythmical divisions, which are indicated as follows.
a. - Simple mora vocis, or unimportant short incisa, which do not, or scarcely, allow time for a breathing, are adequately marked by a crotchet at the end of such a section.
b. - More considerable incisa, which are really small phrases are indicated by a crotchet followed by a quarter of a bar

This sign is often only the mark of a rhythmical division which does not admit of a breathing, especially in short antiphons.
i. - Phrases, properly so-called, composed of one or two parts, are indicated by half a bar

Here breathing is generally necessary : and the time required may be taken from the length of the preceding crotchet.
d. - Passases or Periods are closed by a full bar, where a breath must be taken, or by a double bar at the end of a piece. There the morce vocis are longer : and they are indicated by a half-rest : Y before or ofter the bar.
e. - The comma is only the sign of a breathing taken from the length of the


Of course there is no attempt to mark all the breathings which may be taken in a passage of music : the interpreter must be allowed, according to his powers, such freedom as does not in any way ma: the melody or the rhythm, provided that such breathings are taken rapidly (quarter breaths). The study of the melody and its parts shows where these must be taken.

In the same way breathings marked by commas, especially after quavers, are not always obligatory.
f. - The little line above or below a note shows that it must be slightly lengthened. This little bize may extend over a whole clivis or podatus. Then both the notes in the neum will be slightly lengthened. These shadings give much suppleness and grace to the melody. They are not our
xiv.
invention. We merely borrow them from the Romanian notation which is so supremely valuable.
$s_{0}$ - We have abolished the double bar showing where the choir takes up the chant after the intonations, and at the end of Gradual, after Alleluias, Tracts, etc. This double bar had the grave disadvantage of always causing a heavy and often clumsy interruption of the melody. The close of the intonation and the commencement by the choir are henceforward indicated in the text by, a star. The double bar is replaced by the rhythmical punctuation suited to the circumstances. Sometimes no sign is necessary, as the melody requires no break.

The following examples of the various pauses may be useful.


The precision of modern notation makes matters still plainer.

III.

## Notes on the rhythmical punctuation used in this edition. (*)

Only such hints are given as are essential to the use of this transcription.
Since Gregorian music is based, not upon time but upon rhythm, timebars have to give way to indications purely rhythmical. For this purpose we have made use of points over the score in our edition in modern notation.
(*) The question of Rhythm is fully dealt with in vol. VII of the Paléographie Mustcable, a quarterly review edited by Dom A. Mocquereau (Desclée and Co., Tournai), and will be further treated in the Méthode Théorique et Pratique de Chant Grigorien shortly to appear.

The proper use of this notation requires a brief account of the true character of rhythm.

## The elements of rhythm.

Several elements go to make up rhythm: stress, length, pitch, tone - and above all - movement.

An analysis of the different impressions we receive on hearing a passage sung or spoken gives the following result.

The voice has no sooner broken silence and struck the first syllable than it seems to fall and pause on the second or third. Thus it gathers impetus to carry it on two or three syllables further, where it touches ground anew in order to resume its flight, and so it goes on every two or three syllables till the end of the passage is reached, where it stops for a more or less complete rest.

But this movement, this progression of the voice, this well-ordered succession of flights (élans) and falls (repos) is the essence of rhythm. Stress, length, pitch, tone contribute in different degrees to the making up of rhythm, but, though necessary, these are but secondary elements : the vital element, the soul of rhythm is movement, or rather rhythm is ordered movement, after the ancient definition.

But it is especially the end of the movement, the rest, * or fall (repos), which makes the rhythm appreciable. The rest felicitously checks the flow of words or melody at intervals, breaking it up into incisa, and phrases of various importance, thus rendering them sensible to our impressions.

To illustrate with an English example :


0 Lord, hear our prayer : and let our cry come unto Thee.
Here are four falls or supports, (appuis) where the voice touches ground: but they are not all equivalents. The first (A. I.) is quite transient and must not be at all dwelt upon. The second (B. 2.) is more important and easily allows the syilable to be lengthened : but here the fall is still provisional : though indeed it is not only a fall, but a true rest though only a slight one. The third (A. 3.) is like the first. The fourth is even more important than the second because it ends the verse : the rest is more decided.
It is therefore to the falls even though fleeting, and especially to the rests marked by a lengthening of the syllable that we owe the distinctive character of the various rhythms. Length in the thesis may be considered as marking the end of a rhythmical movement : and length is proportioned to the importance of the rhythms.

The ancients called the upward movement arsis, i. e. the rise of the rhythm. They termed the downward movement thesis, i. e. where the flight falls and rests.

[^0]We shall use the expressions arsis and thesis to signify rise and fall respectively. The exact point where the movement touches ground is also called the ictus. We indicate this point by an episenia or little line found with the note . in Gregorian notation, and by a dot over the note in transcriptions into modern notation.

## Application of the above notes to Plain-song.

A. Elementary Rhythm. Words and Neums.

Words. - Every Latin word of two or more syllables, taken by itself and pronounced in the ordinary way, is a rhythm, * that is to say, it consists at least of a rise or arsis and a full or thesis.

Merely putting two syllables together does not make a word. The word owes its unity to the accent which characterises it, to the single act whereby it is uttered, in fine, to its rhythm. In fact, to become a whole, each word in the syllabic chant, must be uttered with a single impetus, performed with a single movement.

This movement is divided into two parts or beats: the part which rises, called arsis or impetus (elan) : the part which falls, called thesis or rest (repos).

The accent in a Latin word is always in the rising or arsic portion of the movement. It is just the accent which gives this portion its characteristic impetus, for it is itself the culminating point of the impetus: but its place in the arsis is determined by its place in the word.


A rhythm consisting of one arsis and one thesis is elementary.
Elementary analysis of a succession of binary rhythms.


Place assigned to length and the part it plays in Rhythm. - In words, as in rhythms, length inclines towards the last distinct syllable of a word (the rule of the mora vocis). If then some breadth is given to this mora vocis we get a simple ternary rhythm.


[^1]In natural rhythm, length belongs so essentially to the thesis, that it is impossible to give it only one beat. In fact the following rhythm is lame and must be banished from plain-song, which requires a smooth and natural flow. This is shown by singing.


This produces a syncopation in the music, causing a jerkiness which is antagonistic to the even flow of plain-song melody. The syncopation consists in the fitful fusion of the second beat of the thesis with the following beat of the arsis. Below we indicate this by an asterisk.


Note. - True syncopation has in itself nothing to do with stress: it is purely a matter of rhythm, and interrupts its even flow though sometimes quite legitimate in modern music.

Cannot then more than one beat be given to the arsis? Yes: it may be found as follows :
a) made up of a compounnd binary beat :


Example: Dacty.ic trisyilables.


Dó-mi-nus

or


The arsis consists of two syllables, and is binary.

So it is if a monosyllable is added to a spondaic word :

or


The thesis $u s$ disappears, being carried on to the final monosyllable: the two words are pronounced with one action as if they were one.

In plain-song the suppression of a final thesis occurs pretty often in the course of a passage, when words are closely linked together, when they are nearly bound to each other by their meaning, or swept along in the movement of the melody.

The same phenomenon occurs if we add a monosyllable to a dactylic word. In this case we have a ternary arsis.


In a succession of such rhythms as these, the thesis should always comprise two or three unities.


Dó.mi-

nus Dé-

us Sá-ba- oth.

For the same reason as the one given above, the following rhythm is inadmissable in plain-song: it produces a syncopation.


Note. - What has been said above shows there are two ways of dealing with words : they either are rhythms or they become componnd beats. The context of the passage of music must determine which.

They are treated as rhythms when their last syllable coincides with the thesis: they are not so treated when their dactylic or spondaic ending is included in a compound beat.

Neums. - Neums in elementary rhythm are treated in exactly the same way as words. They can be treated as rhythms or as making a compound beat.

Neums treated as rhythms :


Neums not treated as rhythms:


Dé- us mé- us.


In these latter examples the clivis (la-fa) and the torcuizis (sol-la-sol) lose their thesis which is carried on to the next syllable.

Length then specially belongs to the thesis both in words and neums. Is it the same in the case of stress?

Place assigned to stress and the part it plays in Rhythm. -
Rhythm cannot do without stress and softness of sounds : but nothing in the essential constitution of rhythm obliges stress to be confined to one special place. In other words stress may be found indifferently either in the arsis or the thesis.

A painter may make a given curve A B C.

thicker at A (the beginning') B (the middle) or C (the end)


So a musician is free to place the stress wherever he pleases in his rhythmical line.

He may put the stress at the end
 and then he has a strongs thesis $=\mathrm{X}$.

and then he has a weak thesis. $=\mathrm{Y}$.
 and then he will again have a weak thesis, but the centre will be crescendo. $=\mathrm{Z}$.

These three rhythms are of the same value. Stress alone differentiates them and entirely changes their character.

There are then two kinds of rhythms so far as stress is concerned.
a) the rhythm with the strong thesis (X), where the fall or rest is stronger than the rise or flight.
b) the rhythm with the weak thesis ( Y and $Z$ ), where the fall or rest is weaker than the rise or flight. Z is only another form of Y .

The place of the stress is determined by extrinsic or accidental circumstances, the wish of the artist, composer or poet, the genius of the language, the accent or the word, the air, etc. The composer may use one of these rhythms exclusively or blend them together. This is what we find in every pagé of our classical music, ancient polyphony and plain-song.
a) Example of feet with a strong thesis (X), in Frenck:


Oui, je viens dans son témple adorér l'Éternel. in English:


By the pain-throb, triumphantly winning intensified bliss.
b) Examples of rhythms with a weak thesis, in Latin.

Spondaic or dactylic words accented at the beginning (Y).


In these last examples the accent is at the beginning of the word and rhythmical movement, and the stress is at its highest intensity from the initial utterance of the first syllable : it afterwards grows weaker until the thesis touches ground.

Words unaccented at the beginning (Z.)


In this case the impulse of the arsis and of the rhythm commences at the beginning of the word and reaches its climax on the accented syllable, then it dies away on the last syllable. Thus the accent is incorporated with the arsis, but - and this shows its importance - it gives the latter all its strength and character, and is at the same time its climax in music, rhythm and intensity. It is, as has been often said, the soul of the word.

Various circumstances - either in the music or the rhythm or simply in the text - modify the making of rhythm. e. g.


But we cannot here enter into these details: practically the singer and accompanist have only to look at the pointing.

With this last example we come to dactylic endings and long words, that is to say, to compound rhythm.

## B. Compound Rhythm.

Rhythm is compound when it consists of more than one arsis and thesis, in other words of more than two simple or compound beats.

It is made up of several linked simple rhythms, and may be divided into intisa, phrases, and periods. e. g.


The linking occurs in two ways :

1.     - By the simple junction of two or more simple rhythms; each keeping its own arsis and thesis.


This junction takes place without breaking up the unity of the simple rhythms as is shown by the above bracket.
2. - By contraction. Contracted rhythm is compound rhythm, in which the central point where the movement touches ground, is at the same time the thesis of the first rhythm and the arsis of the following one. e. g.


The arsis here consists of four syllables, or two compound binary beats, and is called compound. The first part muzlti, being weaker, is.a secondary arsis; and leads on to the stronger arsis túdi, which has the accent.
This is where we find the contraction. The central point B so far as the rise mutti is concerned takes the place of the fall of the thesis; but with reference to what follows, it is the starting point of a new flight ending in the final thesis.

The same occurs in the above antiphon Cantate wherever the movement touches ground in the middle of its incisa. They are indicated by a B.

Successive binary rhythms

should be linked together by contraction, and should in fact be sung thus :


Here are other examples of contracted rhythms：

（a）Consumma－búntur．（b）Consumma－bún－tur．


The pointing may vary in all these different ways：selection must depend on the context of the melody or rhythm ：for though Latin words have their own melody and rhythm；frequently retained in the middle of passages，yet they have often to give way to the more powerful movement of the passage itself．

The thesis may comprise several compound beats：it is then called the lengthened thesis．


We shall not carry the explanation of Gregorian rhythm and pointing further．What we have said is enough to lead on to the teaching which follows and show its importance．
＂When in reading and also in syllabic chant all the syllables of the same word are swept in by the movement，then the latter must be so controlled as to end by falling softly on the last syllable．＂（Dom．F．Pothier．）In the course of such a movement stress is laid irregularly on the various syllables and rhythmical supports ：some are，strong others weak，others very weak ： all depends on the syllable which corresponds to them and on the place they fill in the groups of notes．It would be a serious mistake to give them the strength of the first beat in a bar of modern music．

The preceding explanations are designed to prevent an error of this kind．


[^0]:    * Rest, not used in the ordinary sense of the cessation of sound, but in the sense of an alighting, lodgentent, fall, or slackening of the voice after the élan-

[^1]:    * Rhythm: we use this word in a concrete sense to signify a rhythmical unit, either slementary or compons.

