# 274 • Sing, My Tongue, The Mystery Holy 

## Tune: A MONK OF GETHSEMANI (87 87 87) Text: Pange Lingua Gloriosi

1. Sing, my tongue, the mys - t'ry ho - ly Of the Bod - y of my Lord,
2. Of a pure and spot-less vir - gin, Born for us, His love to show,
3. On the night be - fore His pas - sion, His A - pos - tles by His side,
4. The In - car - nate Word now chang - es Bread to flesh at His com mand,
5. Down in ad - o - ra - tion fall - ing, This great sac - ra - ment we hail;
6. Praise to the Al-might - y Fa - ther; Hon-or, glo - ry to the Son;


And His Pre - cious Blood, the ran - som Which up - on the earth was poured.
He, as man, with man con - vers - ing, Stayed, the seeds of truth to sow;

He ful filled the law com - plete - ly With the food He pu - ri - fied;
And the wine be-comes His life - blood. Sens - es fail to un - der - stand;
O - ver an - cient forms of wor - ship New - er rites of grace pre - vail;
Ad - o - ra - tion to the Spir - it, Who with Them is ev - er one,


Fruit of Mar - y's womb all ho - ly, May He ev - er be a - dored. Then He closed in won-drous fash - ion, This His life on earth be - low. Then He gave Him-self un - to them, Bread His hands had sanc - ti - fied. But the heart that is in ear - nest Can by faith its doubtwith stand. Faith re - minds us Christ is pre - sent When our hu - man sens -es fail. And pro - cedes from both for - ev - er, As e - ter - nal ag - es run.


If you would like this Hymn in a different key, please E-mail: chabanel@ccwatershed.org To learn more about the 750 -page Vatican II Hymnal, please visit ccwatershed.org/vatican

