The Lord is kind and merciful, slow to anger, and rich in compassion.

Bless the LORD, O my soul; bless the LORD, O my soul, and all my being, bless his holy name. and forget not all his benefits. R.

He pardons all your iniquities, redeems your life from destruction, heals all your ills. he crowns you with kindness and compassion. R.

He will not always chide, Not according to our sins does he deal with us, nor does he keep his wrath forever. nor does he requite us according to our crimes. R.

For as the heavens are high above the earth, As far as the east is from the west, so surpassing is his kindness toward those who fear him. so far has he put our transgressions from us. R.
Copy of Psalm Antiphon for reprinting in service leaflet:

**Responsorial Psalm**  
*Psalm 103: 1-2, 3-4, 9-10, 11-12*

The Lord is kind and merciful,  
slow to anger, and rich in compassion.

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