He who eats my flesh and drinks my blood, abides in me, and I in him, says the Lord.

Ps. 118:1 Vs. Blessed are the undefiled in the way, who walk in the law of the Lord.

Antiphon Text: Qui mandúcat meam carnem et bibit meum sánguinem, in me manet et ego in eo, dicit Dóminus.

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