Deliver me, Lord, from mine enemies, teach me to do thy will. Vs. Thou art my deliverer Lord, from fierce enemies; thou wilt exalt me above mine adversaries, from the wicked man thou wilt deliver me.

GRADUAL • Fifth Sunday of Lent, EF (Ps 142: 9, 10 & Ps 17: 48-49) Deliver me, O-Lord, from enemies of-me: teach me to-do me. Thou-wilt-lift me: from man unjust Thou-wilt-deliver me. 

Dómi-ne, de génti-bus i-racúndis: ab insurgénti-bus in O-Lord, from the-nations that-are-angry: above those-rising-up against me exaltábis me: a vi-ro in-i-quó erí-pi-es me. R. Éri-me Thou-wilt-lift me: from man unjust Thou-wilt-deliver me.

pe me, Dómi-ne, de i-ni-mí-cis me-is: doce me fácere Deliver me, O-Lord, from enemies of-me: teach me to-do voluntátem tu-am.

the-will of-Thee.

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Ps 128: 1-4  From my youth they have often assailed me.

TRACT • Fifth Sunday of Lent  (Ps 128: 1-4)  From my youth they have often assailed me.

Vs. Let Israel say it now: from my youth they have often assailed me.  Vs. But they have not prevailed against me; sinners have ploughed upon my back.  Vs. They have prolonged their iniquities; a just Lord breaks the necks of sinners.  

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III

Aepe expugnavérunt me a juventúte me-a.

Often have-they-fought-against me from the-youth of-me.

Vs. Dicat nunc Isra-éľ: saepe expugnavérunt me a ju-

Let-it-be-said now by-Israel: Often have-they-fought-against me from

ventúte me-a.  Vs. Étenim non potu-érunt mi-hi: su-

the-youth of-me.  But-they could-not prevail-over me:

pra dorsum me-um fabri-cavérunt peccatóres.  Vs. Pro-

upon the-back of-me have-ploughed the-wicked.

longavérunt in-i-qui-tátes su-as: Dómi-nus justus con-

They-have-lengthened the-iniquities of-theirs: the-Lord-Who is-just

cí-dit cerví-ces peccatórum.

will-cut the-necks of-sinners.