INTROIT • First Sunday of Lent, EF (Ps 90: 15, 16) He shall cry to me and I will hear him; I will deliver him and will glorify him; I will fill him with length of days. (Ps 90: 1) Vs. He that dwelleth in the help of the Highest shall abide in the protection of the God of heaven. FSSP in Los Angeles • http://fssp.la • Possible Starting Pitch = F

\[ \text{VIII} \]

\[ \text{Nvo-cá-bit me,}^{*} \text{ et e-go exáu-di-am e-} \]

\[ \text{He-shall-call-upon} \text{ Me,} \& \text{ I} \text{ will-hear him;} \]

\[ \text{I-will-deliver him,} \& \text{ will-glorify him;} \]

\[ \text{I-will-fill him;} \]

\[ \text{longi-tú-di-ne di-é-rum a-dimplé-bo} \]

\[ \text{with-length of-days I-will-fill} \]

\[ \text{e-um.} \text{Ps. Qui há-bi-tat in adju-tó-ri-o Altíssimi,}^{*} \]

\[ \text{He-that dwelleth in the-aid of-the-Most-High,} \]

\[ \text{in pro-tecti-óne De-i cae-li commo-rá-bitur.} \]

\[ \text{under the-protection-of the-God of-heaven shall-abide.} \]

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\[ \text{viii} \]

\[ \text{Lóri-a Pátri, et Fili-o, et Spirí-tu-i Sáncto.}^{*} \text{ Sicut érat in} \]