INTROIT • Sexagesima, EF (Ps 43: 23-26) Arise, Lord, why sleepest thou? Arise, and banish us not for ever; why dost thou turn away thy face, unmindful of our distress? We lie prostrate on the ground; arise, Lord, help us and set us free. (Ps 43: 2) Vs. O God, we have heard of thy deeds, we have heard them from our fathers.  FSSP in Los Angeles • http://fssp.la • Possible Starting Pitch = E