THE HOLY BODY AND BLOOD OF CHRIST

INTROIT

Cibavit eos

Ps 81 (80), 17

He fed them * with the finest of wheat, al-le-lu-ia;
and with honey from the rock he satisfied them,
al-le-lu-ia, al-le-lu-ia.

Psalm 81 (80)

1. Sing joyfully to God our strength, *
   shout in triumph to the God of Jacob.
   Raise a song and sound the timbrel, *
   the sweetsounding harp and the lute;

2. For this is a statute in Israel, *
   a command of the God of Jacob.
   He made it a decree for Joseph, *
   when he went out from the land of Egypt.

3. I am the Lord your God, †
   who brought you up from the land of Egypt. *
   Open wide your mouth, and I will fill it.

Glory be to the Father ...
Psalm 78 (77)

1. Give ear, my people, to my teaching; *
   incline your ear to the words of my mouth.
   I will open my mouth in a parable *
   and utter hidden lessons of the past.

2. The things we have heard and understood, *
   the things our fathers have told us,
   these we will not hide from their children *
   but will tell them to the next generation:
   the glories of the Lord and his might, *
   and the marvelous deeds he has done.
3. He established a decree in Jacob; *  
in Israel he set up a law.

To our fathers he gave a command *  
to make it known to their children,

that the next generation might know it, *  
the children yet to be born.

4. They should arise and declare it to their children, *  
that they should set their hope in God,

and never forget God’s deeds, *  
but keep every one of his commands,

OFFERTORY (Option 2)

Sanctificavit Ex 32: 11, 15, 13, 14

Oses consecrated an altar to the Lord, *  
and

presented thereupon burnt offerings and sacrificial victims; he made an evening sacrifice as a fragrant offering

to the Lord, in the presence of the sons of Is-ra-el.
Exodus 32: 33-35

1. The LORD answered, †
   “Him only who has sinned against me *
   will I strike out of my book.

2. Now, go and lead the people whither I have told you. *
   My angel will go before you.
   When it is time for me to punish, *
   I will punish them for their sin.”

3. Thus the LORD smote the people *
   for having had Aaron make the calf for them.

COMMUNION (Years A & B)

Qui manducat

E who eats my flesh and drinks my blood, a-

bides in me, and I in him, says the Lord.

Psalm 119 (118)

1. Blessed are those whose way is blameless, *
   who walk in the law of the LORD!
   Blessed are those who keep his decrees! *
   With all their hearts they seek him.
2. I treasure your word in my heart, *
   lest I sin against you.
   
   Remember your word to your servant, *
   by which you made me hope.
   
   This is my comfort in sorrow: *
   that your promise gives me life.

3. The law from your mouth means more to me *
   than large quantities of silver and gold.
   
   How sweet is your promise to my tongue, *
   more than honey in the mouth.

4. Your word is a lamp for my feet, *
   and a light for my path.
   
   I rejoice at your promise, *
   like one who finds a great treasure.
   
   Glory be to the Father ...
Communion (Year C)

Hoc corpus 1 Cor 11: 24, 25

His is my body * which is given up for you;

this is the cup * of the new covenant in my blood, says

the Lord. Each time that you partake thereof, do it in

memory of me.

Psalm 23 (22)

1. The Lord is my shepherd; *
   there is nothing I shall want.

   Fresh and green are the pastures *
   where he gives me repose.

   Near restful waters he leads me; *
   he revives my soul.

2. He guides me along the right path, *
   for the sake of his name.

   Though I should walk in the valley of the shadow of death, †
   no evil would I fear, for you are with me. *
   Your crook and your staff will give me comfort.
3. You have prepared a table before me *
   in the sight of my foes.
   My head you have anointed with oil; *
   my cup is overflowing.

4. Surely goodness and mercy shall follow me *
   all the days of my life.
   In the LORD’s own house shall I dwell *
   for length of days unending.

Glory be to the Father ...
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